



# HAZIA.K.KHAN COLLEGE

ESTD : 2008

P.O + P.S.- Hariharpara . Dist.-Murshidabad Pin-742166

Website: [www.haziakkhancollege.ac.in](http://www.haziakkhancollege.ac.in) E-mail Id : [haziakkhancollege@yahoo.com](mailto:haziakkhancollege@yahoo.com)

E-mail Id: [haziakkhancollege@gmail.com](mailto:haziakkhancollege@gmail.com)

Mob:

## **International Yoga Day Celebration**

**2018 - 2019:**

### **Organized by:**

Department of Physical Education, Hazi A. K. Khan College in collaboration with the Internal Quality Assurance Cell (IQAC) of Hazi A. K. Khan College.

Date: 21.06.2019

Time: 12 Noon

Venue: Hazi A. K. Khan College

### **Description of Event:**

On June 21, 2019, Hazi A. K. Khan College celebrated International Yoga Day with great enthusiasm and participation from students. The event aimed to promote physical, mental, and spiritual well-being through the practice of yoga and raise awareness about its benefits.

The event commenced with an inaugural ceremony presided over by Dr. Chandrani Pal, Teacher in Charge, the event was graced by the presence of IQAC Co-Ordinator Dr. Krishnendu Munshi, Dr. Pulokesh Mondal, Secretary of Teachers Council (TCS) and other faculty of the college, where the significance of yoga in maintaining a healthy lifestyle was emphasized. A lamp lighting ceremony marked the beginning of the event, symbolizing the light of knowledge and inner peace.

Mr. Sanjit Kumar Roy, Teacher of Physical Education conducted various yoga sessions throughout the day, catering to different skill levels and preferences. Participants were guided through a series of asanas, pranayama, and meditation techniques, promoting relaxation, flexibility, and stress relief.

The International Yoga Day celebration at Hazi A. K. Khan College was a resounding success, fostering a sense of community, harmony, and well-being among students, faculty, and staff. Through a diverse range of activities and workshops, the event not only promoted the physical benefits of yoga but also emphasized its profound impact on mental and spiritual health. By embracing yoga as a way of life, the college reaffirmed its commitment to nurturing holistic development and promoting a culture of wellness on campus.

The success of this event would not have been possible without the collective effort and dedication of the organizing committee, volunteers and participants. Their enthusiasm and commitment contributed immensely to making the International Yoga Day celebration a memorable and enriching experience for all involved.

  
Principal  
Hazi A.K Khan College  
Hariharpara, Murshidabad



# HAZIA.K.KHAN COLLEGE

**ESTD : 2008**

**P.O + P.S.- Hariharpara . Dist.-Murshidabad Pin-742166**

**Website: [www.haziakkhancollege.ac.in](http://www.haziakkhancollege.ac.in) E-mail Id : [haziakkhancollege@yahoo.com](mailto:haziakkhancollege@yahoo.com)**

**E-mail Id: [haziakkhancollege@gmail.com](mailto:haziakkhancollege@gmail.com)**

**Mob:**

## Notice

HAZI A. K. KHAN COLLEGE

Hariharpara, Murshidabad

**Date:** 10.06.2019

### NOTICE

This is to notified to all the students of Hazi A. K. Khan College that the college is going to celebrate the International Yoga Day in our college which is scheduled to be held on 21.06.2019. So, all the students and faculties are requested to take an active part in the programme without fail.



teacher-in-Charge  
Hazi A.K. Khan College  
Hariharpara Dist, Murshidabad

Principal  
Hazi A.K Khan College  
Hariharpara, Murshidabad



# HAZIA.K.KHAN COLLEGE

ESTD : 2008

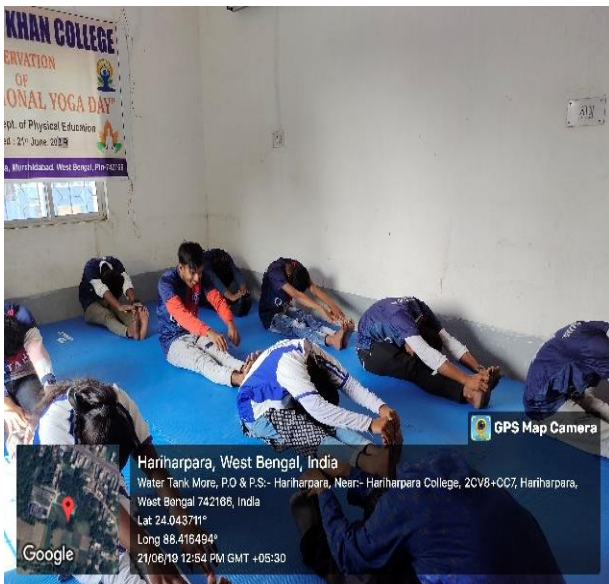
P.O + P.S.- Hariharpara . Dist.-Murshidabad Pin-742166

Website: [www.haziakkhancollege.ac.in](http://www.haziakkhancollege.ac.in) E-mail Id : [haziakkhancollege@yahoo.com](mailto:haziakkhancollege@yahoo.com)

E-mail Id: [haziakkhancollege@gmail.com](mailto:haziakkhancollege@gmail.com)

Mob:

## Photo Gallery.



  
Principal  
Hazi A.K Khan College  
Hariharpara, Murshidabad



# HAZIA.K.KHAN COLLEGE

**ESTD : 2008**

**P.O + P.S.- Hariharpara . Dist.-Murshidabad Pin-742166**

**Website: [www.haziakkhancollege.ac.in](http://www.haziakkhancollege.ac.in) E-mail Id : [haziakkhancollege@yahoo.com](mailto:haziakkhancollege@yahoo.com)**

**E-mail Id: [haziakkhancollege@gmail.com](mailto:haziakkhancollege@gmail.com)**

**Mob:**



GPS Map Camera  
Hariharpara, West Bengal, India  
Water Tank More, P.O & P.S.- Hariharpara, Near:- Hariharpara College, 2CV8+CC7, Hariharpara,  
West Bengal 742166, India  
Lat 24.043715°  
Long 88.41843°  
21/06/19 01:17 PM GMT +05:30  
Google

  
Principal  
Hazi A.K Khan College  
Hariharpara, Murshidabad



# HAZIA.K.KHAN COLLEGE

ESTD : 2008

P.O + P.S.- Hariharpara . Dist.-Murshidabad Pin-742166

Website: [www.haziakkhancollege.ac.in](http://www.haziakkhancollege.ac.in) E-mail Id : [haziakkhancollege@yahoo.com](mailto:haziakkhancollege@yahoo.com)

E-mail Id: [haziakkhancollege@gmail.com](mailto:haziakkhancollege@gmail.com)

Mob:

## Participant List

HAZI A. K. KHAN COLLEGE  
Hariharpara, Murshidabad  
INTERNATIONAL YOGA DAY CELEBRATION

Date: 21.06.2019                      Session: 2018-2019

Attendance Sheet

Sl.No.	Name of the students	Reg. No	Signature
1.	LAXMI DAS	51471	Laxmi Das
2.	MOYNA BISWAS	51472	Moyna Biswas
3.	POLY SARKAR	51475	Poly Sarkar
4.	PRIYANKA SULTANA	51476	Priyanka Sultana
5.	SONIA ISLAM	51952	Sonia Islam
6.	YOUSUF MONDAL	51595	Yousuf Mondal
7.	SAMIRUL ISLAM	51590	Samirul Islam
8.	SABIR AHAMED	51588	Sabir Ahamed
9.	SHIPRA MALO	51577	Shipra Malo
10.	RUMANA SULTANA	51575	Rumana Sultana
11.	PRAVA MONDAL	51570	Prava Mondal
12.	MONOJ MONDAL	51524	Monoj Mondal
13.	ASIM SK	51553	Asim Sk
14.	MOTIN MONDAL	51556	Motin Mondal
15.	MOLLIKA SARKAR	51531	Mollika Sarkar
16.	HENA KHATUN	51563	Hena Khatun
17.	HIRA KHATUN	51564	Hira Khatun
18.	KAKOLI KHATUN	51565	Kakoli Khatun
19.	KAMRUNNESA KHATUN	51566	Kamrunnesa Khatun
20.	MST MERINA KHATUN	51567	Mst. Merina Khatun
21.	NASRIN KHATUN	51568	Nasrin Khatun
22.	PAPIA SULTANA	51569	Papia Sultana
23.	PRAVA MONDAL	51570	Prava Mondal
24.	RAFIJA KHATUN	51571	Rafia Khatun
25.	REHENA KHATUN	51572	Rehena Khatun
26.	RITU BISWAS	51573	Ritu Biswas